

Zonnebloem Boys' and Girls' Primary Schools join our feeding programme

We are delighted to announce that, in response to an appeal made by the Chris Otto Foundation, 181 of the 660 learners who attend Zonnebloem Boys'



Young learners at Zonnebloem Boys' Primary enjoying their warm porridge before school starts.

and Girls' Primary Schools joined our feeding programme during January this year. These learners affected by extreme poverty, now receive a daily cooked breakfast and lunch lovingly prepared by our volunteer food preparers, Gail Fish and Imaan Van Schoor-Adams at the schools newly renovated kitchen. Gail and Imaan are also mummies of learners at these schools. These schools are located on the Zonnebloem College Estate, an educational complex founded in 1858 by the Anglican Church.

Before joining our feeding programme, the Chris Otto Foundation, a small philanthropic organisation that supports these schools, informally interviewed many of the children and they were told that their only real meal of the day is dinner, consisting mainly of maize porridge, although some do not get dinner regularly either. Until the end of last year many children did not get breakfast in the morning



Our wonderful volunteer food preparers at Zonnebloem Primary Schools, Gail Fish (left) and Imaan Van Schoor Adams (right).

and only ate at school if a friend or teacher was kind enough to share their food with them.

One Grade 4 boy from Khayelitsha told the Foundation that he only drinks a cup of coffee at 4:30am before getting on the taxi for school and then has his first meal again at 5pm when he and his mother get home. Another boy from Crossroads told the Foundation that he does not eat at all before school and at break-time buys cheap junk food (white bread and polony) from the tuckshop. Another boy from Mfuleni, whose shack home burnt down in December, says dinner no longer happens every night, because his single mother is unemployed - he now relies on PSFA's feeding programme for food during the daytime.

During teacher interviews many stories were recounted of teachers bringing extra sandwiches from home for their hungriest pupils last year, and many reported that hunger was a major factor contributing to lack of concentration in the classroom.

Karen Breytenbach who is the project director at the Chris Otto Foundation said "the best news is that the children's teachers and even the school counsellors from NGO Community/Keepers.org who counsel many of the children for personal issues, are already reporting that the children are starting to do better at school and flourishing more on a personal level. We can't wait to measure the success of the feeding programme six months to a year down the line."



Two young ladies who attend Zonnebloem Girls' Primary sending their love.

25 687 Children Fed at **149** Schools
306 Children Fed at **11** ECD's
350 Children Fed at **3** OVC Safe Parks
700 Students Fed at **2** TVET Colleges

HOW TO CONTACT PSFA

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BANK DETAILS:

NAME: Peninsula School Feeding Association
BANK: Standard Bank
BRANCH: Thibault Square
ACCOUNT NO. 070894159
STATUS: Cheque Account
BRANCH CODE: 020909
SWIFT CODE: SBZAZAJJ
REG. NO. 002-878
PBO NO. 930010433

100% of your donation goes to the actual cost of feeding children.

PSFA has Section 18A status, so donations are tax deductible.

Organisations join PSFA in the **fight against childhood hunger** by adopting schools

We have pleasure in announcing that during the latter part of last year and February this year, the following organisations joined PSFA's donor family by adopting the following schools on our feeding programme:

- The Robben Foundation adopted St Paul's Primary in the Bo-Kaap, Cape Town, by providing a grant in the amount of R135 000, enabling PSFA at this school, with daily nutritious breakfasts and lunches for an entire calendar year.
- Peng Coin, a humanitarian orientated cryp-



Learners with Autism at Alpha School dishing up their own lunches. PSFA's feeding programme at this school forms part of the learners' educational curriculum.



Emile Dunn (right) and Quintin White (left) from Peng Coin with two of the learners at Alta du Toit School.

tocurrency that makes electronic donations globally, adopted Alta du Toit School in Kuils River by providing a donation in the amount of R27 000, enabling PSFA to provide all 60 learners with disabilities on our feeding programme at this special school, with daily breakfasts and lunches for an entire calendar year!

- DigiOutsource, an industry leading global technology and e-commerce company, provided a donation in the amount of R22 500, enabling PSFA to provide the 50 learners with Autism at Alpha School in Woodstock,



Nerina Kearns, the principal at Alpha School (left), Kendall Lodwyk from DigiOutsource and the learners with Autism at Alpha School showing off the sponsor sign.



Renee and Bob from The Robben Foundation, pose for a picture with some of the happy learners on our feeding programme at St Paul's Primary.

with daily breakfasts and lunches for an entire calendar year!

On behalf of these special learners affected by poverty and disabilities, PSFA hereby wishes to take this opportunity to thank The Robben Foundation, Peng Coin and DigiOutsource for their kind support!

"Hunger is not an issue of charity. It is an issue of justice."

Jacques Diouf

Ex Director-General of the United Nations' Food and Agriculture Organization



Friends forever - learners at Alta du Toit School socialising during lunchtime.



The young lads on our feeding programme at St Paul's Primary enjoying their meals, thanks to a grant provided by The Robben Foundation.

PSFA 2018 Christmas Appeal **raises R413 230.73** to feed learners affected by poverty

PPSFA is delighted to announce, that thanks to the generosity of our donors, our 2018 Christmas Appeal managed to raise a fantastic R413 230.73. What an incredible way to end off our 60th anniversary. This amount will enable PSFA to provide 918 learners on our feeding programme with daily breakfasts and lunches for an entire year!

The voluntary general committee, management, staff and in particular the learners on our feeding programme, hereby wish to take this opportunity to extend our heartfelt thanks to the many individuals and businesses who kindly supported this campaign. Over 80% of the donations received were made by individuals, who either gave a once off donation or in lieu of Christmas gifts for their loved ones.



Top Cape Town schools **raise funds to feed learners** affected by poverty

In response to our annual flagship fundraising event, the Blisters for Bread Charity Family Fun Walk which took place on Sunday 25 August 2018, the following top schools organised their own events during 2018 and 2019 to raise funds to feed less fortunate learners:

- Reddam House Preparatory – on September 21, the learners at this school in Constantia united against hunger to participate in their annual mini Blisters for Bread walk.
- Herzlia Weizmann & Alonashel Primary School – on September 28, the learners at these schools in Sea Point, participated in their annual mini Blisters for Bread walk on the beautiful Sea Point Promenade.
- Herschel Preparatory – on October 12, the learners and staff from this school in Claremont as well as parents participated in their annual 5km mini Blisters for Bread scenic walk which started and finished at Constantia Nek.
- Greenfield Girls' Primary – during October 2018, the young ladies at this school in Kenilworth participated in their annual Spell-a-Thon.
- Western Province Preparatory School (WPPS) – on November 28 and 29, the Gr 7 learners at WPPS in Claremont organized and successfully completed a 24 hour relay marathon at their school called #Run4PSFA.
- Pro-Ed House School – on November 29, the learners and staff from this school in Rondebosch, participated in their annual mini Blisters for Bread walk held at their schools sports day.
- Kronendal Primary School – during September, the learners at this school in Hout Bay participated in their mini Blisters for Bread scenic walk along Chapman's Peak.
- Phyllis Jowell Jewish Day School – on Friday 8 March, 2019, the learners at this school in Camps Bay participated in their mini Blisters for Bread walk which took place along the Camps Bay Promenade

These amazing schools collectively managed to raise and donate an outstanding amount of R275 694.95, enabling PSFA to provide over 613 learners on our feeding programme, with a daily nutritious breakfast and lunch while at school for an entire year.

In addition to the above schools, the following schools also hosted various fundraising activities for PSFA:

- Bishops Preparatory selected PSFA as one of the charities to benefit from their annual Carols Service that took place at Bishops



Happy learners from Phyllis Jowell Jewish Day School participating in their mini Blisters for Bread Walk along the Camps Bay Promenade.

Diocesan College on November 27, 2018. The school provided a donation in the amount of R4 751, enabling PSFA to provide ten learners with a daily breakfast and lunch for a year

- Camps Bay Preparatory organised various fundraising activities such as a civvies day during 2018 and raised and donated

R2 011.95, enabling PSFA to provide four learners with a daily breakfast and lunch for a year

PSFA's voluntary general committee, management, staff and in particular the school children on our feeding programme, hereby wish to take this opportunity to thank these schools for their loyal support.



The WPPS Gr. 7's gather for a picture minutes before the start of their 24-hour marathon - #Run4PSFA



On your marks, get set, go! The excited learners at Reddam House Prep at the start of their mini Blisters for Bread walk.

BLISTERS FOR BREAD

CHARITY FAMILY FUN WALK



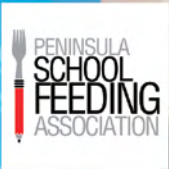
PENINSULA SCHOOL FEEDING ASSOCIATION
 You can't teach a hungry child
www.psfa.org.za

IN ASSOCIATION WITH



SAVE THE DATE!

- WHEN:** SUNDAY 25 AUGUST 2019
- WHERE:** GREEN POINT CRICKET CLUB
- WHY:** TO WALK IN UNITY TO END CHILDHOOD HUNGER
- ENTRY FEE:** R60 – ENTRIES OPEN SOON!



How you can make a difference

If you would like to feed our children's potential and make a real difference to hungry school children, please complete the form below and return to PSFA.

- I would like to feed a child for a year at the cost of R450
- I would like to make a donation of R _____ and enclose my cheque, made payable to Peninsula School Feeding Association
- I would like to donate online at www.psfa.org.za
- I would like to make a direct deposit into your bank account

Please debit my: Master Visa Card Signed: _____

Expiry date: CVC:

Name and Surname: _____

Address: _____

Email address: _____

Special Request: _____

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“You can't teach a hungry child”